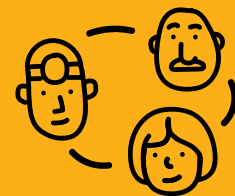


Questions to help you communicate with your PH healthcare team



The PAH patient charter outlines the holistic care every person living with PAH deserves. Taking a collaborative approach and working together with your Pulmonary Hypertension Medical Team and allied health is key to ensuring you receive care that is most appropriate for you.

The question guide has been developed for people who have been diagnosed with PAH and are looking to optimise their treatment plan.



Questions to consider asking at your next consultation:

- Can I tell you about how I've been feeling about the treatment plan we agreed upon during our last consultation?
- How has my health changed since my last risk assessment?
- I'd like us to work together to make sure my treatment plan is doing everything possible to delay the progression of my condition. Is there anything you suggest we change?
- How do you see my care being managed across my multidisciplinary medical team? Please can you share your recommendations with them as well?
- Does my treatment plan target multiple pathways that cause my condition? If not now, when do you think this might be required?
- Can you explain why you are suggesting each of these medicines? How might these medicines make me feel? What are the benefits and risks that they might have?
- Can you let me know about Australian-based community groups that would allow me and my caregiver to connect with other PAH patients and their caregivers?
- Can you tell me about the support services that will help me manage my travel, nutrition, family planning, physical activity, career choices, financial planning, and access to psychological support?
- Do these support services exist for caregivers specifically? For example, support with social work, financial support, and disability rights?
- Please can I book in my next risk assessment in 3-6 months' time?



Now that COVID-19 restrictions are lifting, book an appointment with your doctor and take this list of key questions with you.

[Scan QR code to access the PAH Patient Charter](#)

